



# **Camp Gan 2026 Guide**

## Dear Camp Gan Families,

I am so excited for this coming summer at Camp Gan of Greenwich.

Over the last 29 years, we've had the privilege of witnessing something extraordinary here: incredible Jewish community, deep Jewish pride, and pure Jewish joy. Camp Gan gives children everything you'd expect from a top-tier day camp - sports, swim, art, STEM, adventure - all taught by professional instructors who are experts in their fields.

You'll find great activities at many camps. What makes Camp Gan of Greenwich different is our people. Our warm, loving counselors who connect to their campers; become lifelong role models. They're the ones your children look up to, confide in, and carry with them as they grow and make important choices along their journey.

We believe that for a child to feel proud of who they are, they need to build "Jewish memory muscle." Seven weeks immersed in this joyful, vibrant atmosphere does exactly that. Beyond the incredible activities, a summer at Camp Gan is a gift - one that shapes your child's identity for years to come.

Camp Gan is the only camp in the area accredited by the American Camp Association (ACA). That means every staff member goes through rigorous training before joining us. All counselors are CPR and First Aid certified, and many are Camp Gan alumni who come back because they know firsthand how life-changing this place is.

Thank you for choosing Camp Gan for your child this summer. We take great pride in giving each camper the safest, happiest, most meaningful summer possible.

We look forward to welcoming your family home to camp.

With gratitude and excitement,  
*Maryashie Deren*



## Important Dates & Schedule

### Orientation

We look forward to welcoming you at orientation:

- **Date:** Sunday, June 28, 2026
- **Time:** 4:00–5:00 PM
- **Location:** BCHA Campus  
2186 High Ridge Rd, Stamford, CT

### Camp Session

- **Dates:** June 29 – August 14, 2026
- **Hours:** 9:00 AM – 3:15 PM
- **Location:** BCHA Campus

### Camp Closures

- Camp will be closed on **Friday, July 3, 2026**

### Dismissal 3:15 - 3:30 PM

### Early Dismissals (1:00 PM)

- Thursday, July 23 (Tisha B'Av)
- Friday, August 14 (Last Day of Camp)

### Special Events - Camper Shows

Parents are warmly invited to join us:

- **Friday, July 24** - Circus Show (2:00 PM)
- **Thursday, August 13** - End-of-Summer Performance (2:00 PM)

**Please note:** There is **no afternoon bus** on show days.





# Important Contact Information

We're here to help!

## Camp Director

Maryashie Deren  
(917) 576-0615

[maryashie@chabadgreenwich.org](mailto:maryashie@chabadgreenwich.org)

## Assistant Director

Simone Zwany  
(203) 321-9330

[simone@chabadgreenwich.org](mailto:simone@chabadgreenwich.org)

## Camp Administrator

Michaela

[michaela@chabadgreenwich.org](mailto:michaela@chabadgreenwich.org)

## Camp Office

Julie

(203) 329-2090

[campganoffice@gmail.com](mailto:campganoffice@gmail.com)

## Camp Nurse

Julia

[nursejulia.campgan@gmail.com](mailto:nursejulia.campgan@gmail.com)

## Division Heads

### Boys Division

Meir Deren

203-900-4121

[meir@chabadgreenwich.org](mailto:meir@chabadgreenwich.org)

### Girls Division

Mushka Deren

929-620-0445

[mushkad@chabadgreenwich.org](mailto:mushkad@chabadgreenwich.org)

### Junior Division

Revital Catriel Bellin

203-887-8113



# Communication Guidelines

## Urgent Matters

For anything time-sensitive during the camp day, please call the office at (203) 329-2090.

We are busy with campers and may not be checking emails regularly.

## Non-Urgent Matters

For general questions or to speak with a director, division head or counselor:

- Call (203) 329-2090 or email the office  
[CampGanOffice@gmail.com](mailto:CampGanOffice@gmail.com)
- Messages will be returned within 24 hours

## Absences & Schedule Changes

Please notify the office by phone (203) 329-2090 or email [CampGanOffice@gmail.com](mailto:CampGanOffice@gmail.com):

- If your child will be late or absent (and notify your bus monitor if applicable)
- If your child is leaving early or missing the bus
- To report alternate arrival or dismissal plans

## Important:

All afternoon changes must be submitted by 1:00 PM to [campganoffice@gmail.com](mailto:campganoffice@gmail.com). You will receive an acknowledgment email- if you don't, please call 203 329 2090 to confirm.

## Lost & Found

Email: [CampGanOffice@gmail.com](mailto:CampGanOffice@gmail.com)

## Registration, Transportation & Field Trips

Email: [michaela@chabadgreenwich.org](mailto:michaela@chabadgreenwich.org)



# Calendar & Parent Resources

- Visit the parent page [campgan.com/for-parents](http://campgan.com/for-parents) for calendars, packing lists, and helpful information:
- Access the Google Calendar with important dates [here](#)

## Field Trips

(Grades 2 and Up)

We're excited for all the fun ahead!

- Authorization forms and waivers will be emailed 1 – 2 weeks before each trip
- Please complete forms promptly
- Join the Field Trip WhatsApp group for updates [here](#)

## Transportation

Bus routes will be shared the week before camp begins.

- Your bus counselor will notify you when the bus is approaching
- Please be patient during the first week as routes are adjusted

### Important Bus Guidelines

- Be ready on time at the end of your driveway
- Please do not delay the bus (no photos or holding the bus)
- Campers may only ride their assigned bus
- Bus switching is not permitted, even for playdates

### Transportation Changes

#### Morning Bus

- If your child will not be picked up:  
Text your bus counselor and email the office [CampGanOffice@gmail.com](mailto:CampGanOffice@gmail.com)

#### Morning Car Arrival

- Email [CampGanOffice@gmail.com](mailto:CampGanOffice@gmail.com) if your child will be late or absent

#### Afternoon Dismissal Changes

- Must be submitted by 1:00 PM  
via phone (203) 329-2090  
or email [CampGanOffice@gmail.com](mailto:CampGanOffice@gmail.com)

#### Absences

- Email the office [CampGanOffice@gmail.com](mailto:CampGanOffice@gmail.com)

#### Urgent matters:

Always call the office (203) 329-2090



# What to Bring

## To Orientation

- Any missing forms
- All medications (in original packaging, clearly labeled)

## Daily Packing List

### Please label everything clearly

- Camp t-shirt (required daily)
- Labeled lunch (unless ordered through camp)
- Full water bottle
- Sneakers (no sandals or Crocs)
- Swimsuit (daily)
- Towel
- Pool shoes and cover-up
- Sunscreen (labeled spray)
- Goggles (optional)
- Hat or cap (recommended)
- Change of clothes (kept at camp)
- Sweatshirt for cooler mornings

## Sunscreen

- Apply sunscreen at home each morning
- Send labeled spray sunscreen if you would like staff to reapply during the day



# Swim Program

We're excited to share that Hudson Valley Swim Stamford will once again be providing swim lessons for Camp Gan this summer!

Campers in Pre-K and up will be transported by bus to Hudson Valley Swim, located at LA Fitness, twice a week.

If your child was registered last year or has previously taken lessons with Hudson Valley Swim, no further action is required.

However, please remember to register any siblings who are new to camp.

## How to Register

To ensure your child is properly enrolled in the swim program, please complete the following steps:

1. [Click here](#) to create a Hudson Valley Swim account under your name (*Returning families: your login credentials are still valid*)
2. Complete all required informational questions during account setup
3. Select "Camp Gan" when asked how you heard about us
4. Add your child as a student and double-check that their date of birth is entered correctly
5. Review and accept all family policies
6. Do NOT enroll in any classes or submit payment. We will take care of that for you. You may ignore any automated emails or texts you receive.

Thank you for completing these steps to help ensure a smooth and seamless swim enrollment process.

We look forward to an amazing summer in the pool!



# Optional Lunch Program

We are excited to announce our new boxed lunch options for Summer 2026! We have partnered with L'Chaim and Ricotta of Stamford to deliver delicious boxed lunches straight to camp!

**L'Chaim** will be our 3 meat days - Mondays / Tuesdays / Thursdays for \$54 / week or \$324 for 6 weeks (no meat on week 4 because of the Nine Days).

**Ricotta** will be our 2 dairy days - Wednesdays and Fridays for \$17/day or \$272 for all 7 weeks. (No lunch on July 3rd as there is no camp in session, and daily dairy lunch on week 4).

You can sign up for just meat days, just dairy days, or both! You will reach out directly to the restaurants - all sign ups and payment go to them directly. You can check out both menus below!

### How do I sign my kids up?

1. To sign up for L'Chaim - call: (516)344-9974
2. To sign up for Ricotta - call: (203) 274-5322 (ask for Mushka)
2. Tell them you want to sign up for Camp Gan lunches
3. Let them know if it is for the whole summer or specific weeks. Pay directly to restaurants

*Signing up for the boxed lunches is completely optional. If you decide to send lunch, please send a dairy or parve lunch with an ice pack.*

### Reminder:

Camp Gan is a **NUT FREE** Camp



# Summer Meat Menu

June 29 - August 14

Cost for Monday, Tuesday, & Thursday  
\$54 / Week  
\$324 / Whole Summer

**TO ORDER  
CALL:  
516.344.9974**

	MONDAY	TUESDAY	THURSDAY
<b>Week 1</b>	CHICKEN FINGERS FRIES ISRAELI SALAD FRUIT	MEATBALLS RICE CUCUMBERS FRUIT	GRILLED CHICKEN PITA PEPPERS FRUIT
<b>Week 2</b>	CHICKEN PARGIOT POTATO WEDGES ISRAELI SALAD FRUIT	BEEF SLIDERS WITH BUN FRIES CUCUMBERS FRUIT	CHICKEN FINGERS MASHED POTATOES PEPPERS FRUIT
<b>Week 3</b>	CHICKEN FINGERS FRIES ISRAELI SALAD FRUIT	MEATBALLS RICE CUCUMBERS FRUIT	FALAFEL WITH PITA MASHED POTATOES PEPPERS FRUIT
<b>Week 4</b>	9 DAYS - NO L'CHAIM (WEEK 4)		
<b>Week 5</b>	CHICKEN FINGERS FRIES ISRAELI SALAD FRUIT	MEATBALLS RICE CUCUMBERS FRUIT	GRILLED CHICKEN PITA PEPPERS FRUIT
<b>Week 6</b>	CHICKEN PARGIOT POTATO WEDGES ISRAELI SALAD FRUIT	BEEF SLIDERS WITH BUN FRIES CUCUMBERS FRUIT	CHICKEN FINGERS MASHED POTATOES PEPPERS FRUIT
<b>Week 7</b>	CHICKEN FINGERS FRIES ISRAELI SALAD FRUIT	MEATBALLS RICE CUCUMBERS FRUIT	GRILLED CHICKEN PITA PEPPERS FRUIT



# Summer Dairy Menu

July 1 - August 14

Cost:  
\$17 / Lunch  
\$272 / Whole Summer

**TO ORDER, CALL:**  
**203.274.5322**  
Ask for Mushka

## Week 1

**WEDNESDAY**  
MAC N' CHEESE  
CUCUMBERS  
HONEYDEW  
DESSERT

JULY 3RD  
NO CAMP

## Week 2

**WEDNESDAY**  
PENNE ALA VODKA  
SLICED PEPPERS  
ORANGE SLICES  
DESSERT

**FRIDAY**  
PIZZA  
FRIES  
WATERMELON  
DESSERT

## Week 3

**WEDNESDAY**  
LASANGA  
CUCUMBERS  
CANTALOUPE  
DESSERT

**FRIDAY**  
PIZZA  
FRIES  
WATERMELON  
DESSERT

## Week 4

**MONDAY**  
PENNE ALA VODKA  
SLICED PEPPERS  
ORANGE SLICES  
DESSERT

**TUESDAY**  
FRENCH TOAST  
CUCUMBERS  
BERRIES  
DESSERT

**WEDNESDAY**  
LASANGA  
SLICED PEPPERS  
CANTALOUPE  
DESSERT

**THURSDAY**  
PANCAKES  
CUCUMBERS  
WHOLE FRUIT  
DESSERT

**FRIDAY**  
PIZZA  
FRIES  
WATERMELON  
DESSERT

## Week 5

**WEDNESDAY**  
MAC N' CHEESE  
CUCUMBERS  
HONEYDEW  
DESSERT

**FRIDAY**  
PIZZA  
FRIES  
WATERMELON  
DESSERT

## Week 6

**WEDNESDAY**  
LASANGA  
CUCUMBERS  
CANTALOUPE  
DESSERT

**FRIDAY**  
PIZZA  
FRIES  
WATERMELON  
DESSERT

## Week 7

**WEDNESDAY**  
PENNE ALA VODKA  
SLICED PEPPERS  
ORANGE SLICES  
DESSERT

**FRIDAY**  
PIZZA  
FRIES  
WATERMELON  
DESSERT



# Communication & Updates

## Campanion App

Stay connected all summer:

- View daily photos
- Receive updates
- Enable facial recognition to see more photos of your child

Learn more and download the app:

**Click here.** Log in using the same credentials as your camp portal.

## Newsletters

- Weekly newsletters will be emailed
- Daily photos will be posted on the Campanion app

## Forms & Medical Requirements

- All camper forms are now due
- Please complete them in your CampMinder account: **Click here**

## Medical Requirements

- Campers cannot attend without a signed medical form
- Physical exam must be within 2 years

For medical questions:

nursejulia.campgan@gmail.com

## Camp Policies

To ensure a safe and positive environment:

- No pets
- No weapons (real or fake)
- No alcohol or drugs
- No dangerous sports equipment
- No phones or electronics

## Phone-Free Environment

Camp Gan is a **phone-free environment** for both staff and campers during the day, allowing everyone to fully engage and enjoy the camp experience.



# JEWISH JOY!

## CAMP GAN OF GREENWICH 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	WELCOME!				
WEEK 2	TALENT WEEK				
WEEK 3	HOLIDAYS WEEK				
WEEK 4	CIRCUS WEEK				
WEEK 5	ISRAEL WEEK				
WEEK 6	ART WEEK				
WEEK 7	FUN GALORE				
JUNE 29	MEGA SPORTS MANIA	BUMPER CARS	NINJA ON THE GO	MAGICIAN SHOW	NO CAMP
JULY 1					
JULY 6	SENIOR GIRLS CGI POCONOS	STAFF TALENT SHOW	COLOR RUN	CAMPER TALENT SHOW	
JULY 7					
JULY 13	SIMCHAT TORAH	FACE PAINT DRESS UP	SHAVUOT ICE CREAM PARTY	PESACH MODEL SEDER	CHANUKAH
JULY 14					
JULY 20	SCAVENGER HUNT	SUPERSIZE GAME DAY	TRUCK DAY	TISHA B'AV	CAMPERS CIRCUS SHOW
JULY 21					
JULY 27	BUNGEEES	KIBBUTZ DAY	SENIOR BOYS AT CLUB GETAWAY	HORSE & CARRIAGE RIDES	ISRAEL OLYMPIAD / FIELD DAY
AUG. 3	TIE DYE	SPLATTER ART	SLIME PALOOZA	DRIP ART	MOSAIC ART GAME SHOW
AUG. 10	MINI GOLF	NYC TRIP	WATER SLIDES	CAMPER PERFORMANCES	GRAND BANQUET
		CAPE AND HATS			CAMPGAN.COM

**DIVISIONS**

**JUNIOR** PreK-Kindergarten  
**MIDDLE** Grades 1 - 2  
**SENIOR** Grades 3 - 4  
**JR CIT** Grade 5 and 6  
**CIT** Grade 7 and 8

**DAILY INSTRUCTORS**

Daily: Coach Nana (soccer)  
 Tuesday: Yoga with Corey  
 Wednesday: Animal Interactions  
 Cooking with Nicole  
 Thursday: Gymnastics with Coach Anatole  
 Friday: Shabbat Celebration  
 Challah Bake

**DAILY CAMP ACTIVITIES**

Includes Art, Jewish Themed Activities, Sports, Swimming, Tennis, Greenwich Stars Basketball

**NEW FOR SUMMER 2026**

Legoland, Overights for Boys and Girls! NYC Trip  
 Krav Maga, Ninja on the Go, Crochet, Sports Clinics - Flag Football, Softball, Basketball, Mindful Movement Classes, Strength and Conditioning Classes, Trampolineing, Hula Hooping, Classes, Chicago Boys, Mini Golf

\* All dates subject to change



**campgan.com**

